Sarahs



Mini Christmas Puddings

Ingredients

450g Dried mixed fruit 150g Chopped dried prunes 50g Quartered glacé cherries 40g Finely chopped stem ginger I Grated cooking apple (pealed) I Orange (zest & juice) 100ml Brandy 100g Self Raising flour 150g Light brown sugar 1/2 tsp Ground all spice 1 tsp Mixed spice 240g Vegetable suet 75g Black treacle 100g Melted butter 3 Large eggs

Method

- The day before baking the puddings: In a medium sized bowl weigh the dried mixed fruit, prunes, cherries, stem ginger, grated apple, orange zest, orange juice and brandy. Stir and cover with cling film and leave overnight to soak.
- The following day: Pre-heat the oven to 180 degrees centigrade (160 fan).
- Place 12 pudding dishes in a large roasting tray(s). My foil pudding dishes measure 8.5cm diameter x 6cm high.
- Cut 12 circles of baking parchment the diameter of the top of the pudding dishes and 12 squares of foil a few centimetres larger than the dishes.
- In a large bowl put the flour, sugar, all-spice, mixed spice, vegetable suet and black treacle.
- Melt the butter and add to the bowl with the eggs.
- Add the soaked fruit and mix until everything is fully combined.
- Divide between the pudding basins and top with the circle of parchment and make a pleat in the foil and place on the top of the puddings.
- Boil the kettle and with the puddings in the roasting tin fill so the water is half way up the basins. Do this in the oven to avoid spillage.
- Bake for I hour and 45 minutes. Take the foil & parchment off one of the puddings and test with a skewer- it should come out clean.
- Remove the puddings from the water bath and leave to cool.
- Tie string around the top of the puddings when cool and store until ready to eat. Eat within a month or to keep longer feed with brandy a week after baking.
- Re-heat in a water bath or cook individually in the microwave (when removed from the metal tins) for approximately I minute.