



Date & Walnut Flapjack

Sarah's servings: 16, Sarah's skill: Easy, Baking time: 20 minutes

Ingredients

225g Butter
180g Dark brown sugar
150g Condensed milk
65g Date molasses
375g Porridge oats
150g Chopped dates
50g Chopped walnuts

Method

- Pre-heat the oven to 170 degrees centigrade (150 degrees fan) gas mark 3.
- Line a 23cm x 23cm (9" x 9") square tin with baking parchment.
- In a medium sized pan melt the butter, sugar, condensed milk and date molasses on a very low heat until the sugar has melted.
- Weigh the porridge oats, chopped dates and walnuts into a large bowl.
- Then add the melted butter mixture into the bowl and mix until everything is fully combined.
- Put the oat mixture into the tin, flatten then bake for 20 minutes until the edges go slightly brown. The middle will still be very pale but it will set as it cools.
- Leave to set in the tin then cut into oblongs/ squares. It is best to leave overnight or place in the fridge to make sure it is completely cold before cutting into slices.