Sarahis



Fig & Hazelnut Crunch

Ingredients

250ml Water 250g Dried figs (chopped) 200g Plain Flour 200g Unsalted Butter 1/2 tsp Bicarbonate of soda 200g Soft light brown sugar 150g Porridge oats 50g Chopped hazelnuts

Method

- Preheat the oven to 180 degrees centigrade (160 fan).
- Line a 9 \times 9inch or 23 \times 23cm square cake tin with parchment paper.
- Place the water and figs in a pan and simmer for 10 minutes until thickened.
- Once it has thickened use a stick blender or mini food processor to purée the figs, then set aside to cool.
- Put the flour, bicarbonate of soda, sugar and butter into a large bowl. Rub the butter into the dry ingredients. It will be a bit sticky!
- Add the porridge oats and chopped hazelnuts then rub in again until the mixture starts to clump slightly.
- Take two thirds of the mixture and put this into the tin and press down with your fingers until it is level.
- Add the cooled fig mixture and flatten until level.
- Finally sprinkle on the remaining mixture, press down lightly and bake in the oven for 35-40 minutes.
- Leave to cool in the tin before cutting into squares.