



## Mixed Fruit Jam

Sarah's servings: 9 x 190ml Jars, Sarah's skill: Medium

### Ingredients

1 kg Mixed Fruit (raspberries, strawberries & blueberries)  
300 ml Water  
2 Lemons (juiced)  
1 kg Granulated sugar  
1 tsp Butter (optional)

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### Method

- To start put the jam jars in the oven at 140 degrees centigrade (120 fan) faced down on a baking tray.
- Place 2 saucers in the freezer to use later.
- Put the fresh or frozen fruits, lemon juice and water into a large pan or jam pan if you have one and on a low heat stir until the fruit start to go soft. If you push them against the side of the pan they will squash slightly.
- Then add the same weight in sugar and dissolve the sugar on a low heat stirring all the time so the sugar doesn't burn.
- Once the sugar is fully dissolved turn the heat up and boil for about 10 minutes until the fruit starts to break down and the jam starts to thicken.
- Take one of the saucers from the freezer and take a small amount of jam and put on the saucer and place in the freezer for a minute.
- Then rub your finger through the jam and if it wrinkles then it is ready. If it doesn't then continue to boil and keep testing every 5 minutes until it wrinkles.
- Add a knob of butter after setting point is reached as this will reduce any foam on the surface of the jam.
- Take the jars out of the oven and fill them with the jam and put the lids on tightly.