Sarahis



Pear & Walnut Frangipani Tart

Ingredients

Pastry

200g Plain Flour 45g Icing Sugar 100g Cold Cubed Unsalted Butter I Large Egg

Filling

150g Self Raising Flour 150g Unsalted Butter (room temperature) 150g Caster Sugar 90g Ground Walnuts 3 Large Eggs 8 Pear quarters (fresh or tinned) 1 Tbsp Roughly chopped walnuts (optional)

Method

- Pastry Put the flour, sugar and butter into a food processor and pulse until you have fine breadcrumbs. Alternatively rub the butter into the flour and sugar by hand until you have fine breadcrumbs.
- Add the egg and combine in the food processor or by hand until the pastry forms a ball.
- Wrap in cling film or similar and transfer to fridge to keep cool.
- Preheat the oven to 180 degrees centigrade (160 fan) or Gas Mark 4.
- Filling Put the walnuts into a food processor and blitz to a fine texture.
- Then place the flour, butter, sugar, ground walnuts and eggs into the bowl of a stand mixer and beat until it is pale in colour.
- Line a round 23cm tart tin with the pastry.
- Slice the quarters of pear vertically 4-5 times so they open out slightly when baking.
- Spread the filling on top of the pastry and when level place the pear quarters evenly around the tin and sprinkle with roughly chopped walnuts.
- Bake for 40 45 minutes until golden brown.